

**The Problem:** Spiritually depleted teams can't sustain performance.

Even the most mission-minded teams face burnout, tension, and emotional fatigue—especially when they're unknowingly operating out of self-reliance.

Fear, doubt, and overwhelm quietly take root, hindering their ability to care well for others, solve problems creatively, or stay aligned with the organization's mission.

When a team is running on empty, performance declines—and the heart behind the work begins to fade.

**The Solution:** Christ-empowered alignment at every level.

This training equips your team to lead themselves well by learning how to work from Christ's presence and power—not just for the sake of performance, but because it brings the glory of Christ into everything they do.

Through a one-day intensive followed by a 13-week integration journey of short videos and guided journaling, your team will learn how to:

Align their mind, heart, and soul with Christ to carry out their daily work in peaceful partnership with Him

Recognize and shift out of fear, frustration, or striving and return to peace through Christ

Seek and apply the Holy Spirit's wisdom to solve real workplace challenges with confidence and clarity Grow in spiritual maturity that strengthens both personal resilience and team unity.

**The Outcome:** Spiritually grounded, mission-strong teams.

As team members become Christ-empowered in how they think, work, and respond, the atmosphere of your organization shifts.



Confidence and resilience increase. Compassion becomes the norm. Team relationships deepen.

And most importantly, the work is sustained by the supernatural power of God—not human effort alone.

Let's talk about how we can bring this transformative experience to your team.

**Email**: Kathleen@KathleenFischerCoaching.com

**Phone**: (401) 741-3446